

# AGENDA

THURSDAY, 5 JUNE 2025 - FRIDAY, 6 JUNE 2025

## PEOPLE IN THE CENTRE OF AVIATION SAFETY

A holistic and proactive approach to mental health, well-being, fatigue, and workload management.

THURSDAY

FRIDAY

### Thursday, 5 June 2025

08:30	☺ REGISTRATION & INFORMATION DESK OPEN
-	Network with colleagues and exhibitors - join us for coffee before the Forum begins!
09:45	
09:45	CALL TO ORDER
-	Presenter: Tzvetomir Blajev, Director Europe and Global Operational Safety, Flight Safety Foundation
10:00	
10:00	WELCOME AND EXECUTIVE SESSION
-	Presenter: Hassan Shahidi, President & CEO, Flight Safety Foundation
10:30	
10:30	KEYNOTE SPEECH
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11:00	
11:00	MORNING BREAK
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11:15	
11:15	Session 1   MENTAL HEALTH AWARENESS
-	➡ <b>What Every Aviation Professional Needs to Know About Their Brain. A Positive Outcome from Preventive Measures.</b>
12:45	

Presenter: Gösta Centerwall, Captain, TRE, CRM and Human Factors Trainer, Norwegian Airshuttle

➔ **The impact of self-sufficient workgroups in the aviation industry, the correlation to organizational attachment and how to foster their mental health state.**

Presenter: Cordula Pflaum, Training Captain Airbus A330/A350/A380, Lufthansa

➔ **Building Effective Systems to Address Mental Health Assistance Avoidance Behaviors**

Presenter: Kimberly Perkins, Airline Pilot & Research Scientist, United Airlines

12:45 LUNCH BREAK

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13:45

13:45 Session 2 | PEER SUPPORT NETWORKS - EXPERIENCE & LESSONS LEARNED

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15:30 ➔ **Mental Health in Aviation - Yoga and Vegetables, right? Wrong...**

Presenter: Dave Fielding, Chair, International Peer Assist Aviation Coalition

➔ **Pilot Mental Fitness: Advancing Safety & Human Performance with Peer Support Programs**

Presenters:

- Rondeau Flynn, National Aeromedical Chairman, Allied Pilots Association
- Peter Gillespie, Allied Pilots Association

➔ **A Fully Functioning Model for Physical and Emotional Well Being of Front Line Workers**

Presenter: Captain Travis Ludwig, ALPA Pilot Assistance Chair, Airline Pilots Association (ALPA)

➔ **Evolution of Pilot Peer Support in Modern Airlines**

Presenter: David Morrissey, Chairman, Pilot Advisory Group and Director Safety & Technical, Aer Lingus & IALPA

15:30 AFTERNOON BREAK

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15:50

15:50 Session 3 | OBSERVATIONS FROM THE INDUSTRY

- 16:50	<p>➔ <b>Regulators' Role in Aviation Mental Health and Wellbeing</b></p> <p>Presenters:</p> <ul style="list-style-type: none"> <li>• Janis Vegers, Senior Medical Expert, EASA</li> <li>• Cristian Ionut Panait, Rulemaking Medical Officer, EASA</li> </ul> <p>➔ <b>Fatigue Safety Performance Indicators (SPIs): A Key Component of Proactive Fatigue Hazard Identification, the Perspective from the Airlines</b></p> <p>Presenters:</p> <ul style="list-style-type: none"> <li>• Mark Searle, Global Director - Safety, IATA</li> <li>• Johanna Tikanmaki, IATA</li> </ul>
16:50 -	DAY 1 SUMMARY AND CLOSURE
17:00	
17:00 -	RECEPTION
18:30	

**Time Zone:** (UTC+01:00) Brussels [Change Time Zone]

Safety Forum 2025 is organized by Flight Safety Foundation (<https://www.flightsafety.org>) in partnership with EUROCONTROL (<https://www.eurocontrol.int/>) and the European Regions Airline Association (<https://www.eraa.org/>).



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